Basketball Rules

**2021**

Rules

1. Games are 5 minutes each game with 1 minute change round.

2. Each game will start with a jump ball.

3. Scores, 1 point per basket

4. Man to man defence must be played at all times.

5. No contact [fouls]

6. All fouls will be taken out on the side line.

7. No double dribbling, ball will go to the other team, side line input.

8. No travelling [no running with the ball without bouncing] side line input to the other team.

9. Side line input, all players must be 1 metre back from input player.

10. Substitutions should only be made during stoppage in play.

11. A win – 3 points, draw – 1 point and losing team – 0 points

12. Teams that finish on the same points, then the head to head result will decide precedence; then the teams with the most baskets scored; then points difference.

First Aid – Tony Bailey

Please ensure that no drinks on court and any rubbish is cleared.

There may be a fire alarm test during this session.