

## Gymnastics Holiday Camp.



£20 per session July 30th & Aug <sup>6th</sup> From 9:15-11:45



You will make friends.

You will do fun exciting activities.

New skills learnt and developed.

The use of lots of gymnastics equipment.

Lots of fun and games.

Increase strength and mobility.

JUMP, HOP and TURN UPSIDE DOWN!



Places are limited please book by calling 07450796368 *Emma Smith*.

Venue All Saints Church Hall All Saints Ave, Westbrook Margate, Kent CT9 5QL

To gain life skills of teamwork and individual responsibility within a healthy environment.
Building character and confidence



All coaches are fully qualified and affiliated to the British gymnastics and first aid trained